

Pos	No.	First Name	Last Name	Club	License Cat.	License No.	Last Tm	Laps	Total Tm	Diff	Best Tm	In Lap
E123												
1	14	Zac	Herrod	AeroLab Ward WheelZ	2nd	1022872	04:46.8	15	01:12:03		04:23.0	1
2	26	Benedict	Thompson	Team LDN - Brother UK	1st	952154	04:47.0	15	01:12:03		04:24.1	1
3	11	Gary	Freeman	Orwell Velo	1st	1190037	04:47.3	15	01:12:04		04:30.8	6
4	27	Gareth	Turner	VCEquipe-FlixOralHygiene-Propulse	1st	935358		15				0
5	23	Mark	Richards	DAP Cycling Club	1st	1183676	04:47.4	15	01:12:04		04:21.2	1
6	29	Oliver	Wood	TBW23 Stuart Hall Cycling	2nd	972184	05:14.7	15	01:13:38	01:34.5	04:22.5	1
7	21	Harley	Matthews	DAP Cycling Club	1st	897409	05:15.0	15	01:13:38	01:34.5	04:25.2	1
8	13	Tim	Guy	Norwich Racing Team	3rd	713768	05:15.9	15	01:13:39	01:34.5	04:28.0	4
9	24	Joseph	Smith	Tofauti Everyone Active	2nd	1191214	05:17.0	15	01:13:39	01:34.5	04:30.2	4
10	3	Morris	Bacon	DAP Cycling Club	Elite	1049443	05:17.5	15	01:13:40	01:34.5	04:27.7	4
11	15	Seb	Herrod	ROTOR Race Team	2nd	890886	05:10.3	15	01:14:29	02:25.4	04:23.9	1
12	9	Benjamin	Flanagan	Norwich Racing Team	3rd	1569972	05:03.6	15	01:14:47	02:44.0	04:26.0	1
13	5	Jack	Bracey	Norwich Racing Team	3rd	1041061	05:04.1	15	01:14:48	02:44.0	04:25.1	1
14	19	Charlie	Johnson	Lee Valley Youth Cycling Club	3rd	876864	05:03.1	15	01:14:48	02:44.0	04:23.3	1
15	4	Sam	Baxter	DAP Cycling Club	3rd	1492735	05:04.2	15	01:14:48	02:44.0	04:21.5	1
16	25	Gabriel	Taylor		3rd	1697619	05:03.6	15	01:14:48	02:44.0	04:23.6	1
17	10	Lee	Frappell	Iceni Velo	3rd	1466428	05:05.1	15	01:14:48	02:44.0	04:23.3	1
18	12	Chris	Guy	Iceni Velo	3rd	407071	05:03.9	15	01:14:48	02:44.0	04:24.1	1
19	28	William	White	University of York CC	3rd	1447617	05:04.1	15	01:14:49	02:44.0	04:21.9	1
20	20	Polly	Mason	Team LDN - Brother UK	2nd	1378831	05:04.7	15	01:14:49	02:44.0	04:23.5	1
21	30	Oscar	Woodward	Lee Valley Youth Cycling Club	3rd	1259833	05:04.7	15	01:14:50	02:46.5	04:23.8	1
22	2	Michael	Auger	DAP Cycling Club	2nd	435147	05:11.6	15	01:14:54	02:51.1	04:22.9	1
23	22	Lauren	O'Brien	Team Watto-LDN	3rd	457612	05:10.4	15	01:14:55	02:51.1	04:23.7	1
24	31	Sam	Yates	Norwich Racing Team	3rd	1242407	05:13.7	15	01:14:57	02:53.6	04:28.3	4
25	8	Ross	Fawcett	Orwell Velo	1st	887928	06:23.3	13	01:04:55	2 Laps	04:22.3	1
26	18	Kieran	Jarvis	Brother U.K - Cycle Team OnForm	2nd	962275	05:02.1	10	00:49:05	5 Laps	04:24.4	1
27	81	Amy	Marks		W		04:46.4	10	00:56:34	5 Laps	04:46.4	10
28	6	Saul	Busby - Cozic	6AM Cycling	3rd	1243655	04:57.9	7	00:35:15	8 Laps	04:23.7	1
29	16	Elliot	Hibell	Strada 2020	3rd	1702058	04:58.2	7	00:35:15	8 Laps	04:25.3	1
30	1	Adam	Allen	trainSharp Development team	3rd	823271	05:19.2	1	00:07:01	14 Laps	05:19.2	1
DNS	7	Daniel	Crisp	Tri Harder	3rd	1342358						0
4th + Master 50+												
1	35	Rowan	Baker	London Dynamo	4th	831020	04:50.3	11	00:56:12	4 Laps	04:41.4	2
2	78	Oscar	Wood	Brother U.K - Cycle Team OnForm	4th	1447226	04:33.2	11	00:56:20	4 Laps	04:33.2	11
3	45	Mathew	Cooper		4th	1528280	04:33.4	11	00:56:20	4 Laps	04:33.4	11

Pos	No.	First Name	Last Name	Club	License Cat.	License No.	Last Tm	Laps	Total Tm	Diff	Best Tm	In Lap
4	63	Sam	Massey	Cambridge University CC	4th	997916	04:32.8	11	00:56:20	4 Laps	04:32.8	11
5	66	Simon	Norman	Beds Road Race Team	2nd	1108923	04:33.8	11	00:56:20	4 Laps	04:33.8	11
6	56	Tom	Hartwell	Albarosa Cycling Club	4th	1518859	04:33.3	11	00:56:20	4 Laps	04:33.3	11
7	62	Alvin	Martin	Army Cycling Union	4th	1406176	04:34.6	11	00:56:21	4 Laps	04:34.6	11
8	68	Joseph	Purbrook	Army Cycling Union	4th	1567272	04:34.2	11	00:56:21	4 Laps	04:34.2	11
9	43	Terry	Cobbin		4th	1454147	04:34.2	11	00:56:21	4 Laps	04:34.2	11
10	76	Stephen	Tovell	Norwich Racing Team	4th	1431397	04:34.4	11	00:56:21	4 Laps	04:34.4	11
11	32	Matthew	Allen	St Ives CC	4th	1701354	04:34.7	11	00:56:21	4 Laps	04:34.7	11
12	57	Kevin	Hickman	API-Metrow/Bodyby JR	3rd	403961	04:34.1	11	00:56:21	4 Laps	04:34.1	11
13	58	Matthew	Holland	Gt Yarmouth CC	4th	1586948	04:34.5	11	00:56:21	4 Laps	04:34.5	11
14	53	Andrew	Hammond	Newmarket Cycling & Triathlon Club	4th	1136425	04:34.6	11	00:56:21	4 Laps	04:34.6	11
15	64	Joshua	Meyland		4th	1552992	04:35.9	11	00:56:22	4 Laps	04:35.9	11
16	67	Steve	Ogley	Rapha Cycling Club	3rd	1244234	04:35.2	11	00:56:22	4 Laps	04:35.2	11
17	55	Luke	Harrison	Orwell Velo	4th	1122573	04:35.1	11	00:56:22	4 Laps	04:35.1	11
18	36	Jason	Bartrum	Tri Harder	4th	1584858	04:34.6	11	00:56:22	4 Laps	04:34.6	11
19	51	Oscar	Freund-Williams	VC Norwich	4th	1690530	04:35.9	11	00:56:22	4 Laps	04:35.9	11
20	77	Ferenc	Vanhoutte	Ely & District CC	4th	1254409	04:35.2	11	00:56:22	4 Laps	04:35.2	11
21	46	Kevin	Curtis	Stowmarket & District CC	3rd	410881	04:35.4	11	00:56:22	4 Laps	04:35.4	11
22	40	Alexander	Chastney	North Walsham Velo	4th	1669301	04:36.3	11	00:56:22	4 Laps	04:36.3	11
23	61	Patrick	Manning				04:35.4	11	00:56:23	4 Laps	04:35.4	11
24	38	Peter	Boyce	Team Senza Limiti	3rd	883811	04:35.4	11	00:56:23	4 Laps	04:35.4	11
25	79	Lucy	Havard	Cambridge University CC	4thW	1637960	04:35.7	11	00:56:23	4 Laps	04:35.7	11
26	47	Jacob	Darlison		4th	1696177	04:36.6	11	00:56:23	4 Laps	04:36.6	11
27	41	David	Cheshire	Newmarket Cycling & Triathlon Club	4th	1448381	04:36.9	11	00:56:23	4 Laps	04:36.9	11
28	52	Oliver	Griggs	Hub VÃ©lo	4th	945738	04:35.9	11	00:56:23	4 Laps	04:35.9	11
29	73	Callum	Stedman	Tri Harder	4th	1577878	04:36.1	11	00:56:23	4 Laps	04:36.1	11
30	65	John	Morgan	Tri Harder	4th	1093346	04:36.2	11	00:56:24	4 Laps	04:36.2	11
31	33	John	Appleby	API-Metrow/Bodyby JR	4th	883600	04:48.1	11	00:56:36	4 Laps	04:46.1	3
32	70	Steve	Sach	Southend Wheelers	3rd	401953	04:57.9	11	00:56:46	4 Laps	04:46.5	3
33	60	Kristian	Livall	Newmarket Cycling & Triathlon Club	4th	1691026	05:02.6	11	00:56:48	4 Laps	04:46.3	3
34	71	Brian	Spooner	VC Norwich	3rd	1561877	04:45.8	10	00:56:34	5 Laps	04:45.8	10
35	74	Christian	Stewart		4th	1458184	04:45.7	10	00:56:34	5 Laps	04:45.7	10
36	59	Barney	Horne	Norwich Amateur BC	4th	444714	04:47.1	10	00:56:35	5 Laps	04:45.9	3
37	72	Patrick	Stebbens	Strada 2020	4th	1592200	04:55.8	9	00:46:49	6 Laps	04:44.6	3
38	75	Daniel	Tidy	VC Norwich	4th	1272772	05:02.9	7	00:37:16	8 Laps	04:46.3	3
39	37	Toby	Bell-Tye		4th	1704570	05:46.3	6	00:37:59	9 Laps	05:16.8	5
40	69	Sean	Quarmby		4th	896915	05:29.5	5	00:30:18	10 Laps	04:58.0	1

Pos	No.	First Name	Last Name	Club	License Cat.	License No.	Last Tm	Laps	Total Tm	Diff	Best Tm	In Lap
41	44	Max	Connolly	Hadleigh Cycling Club	4th	1702063	05:41.4	5	00:30:18	10 Laps	04:51.7	1
DNS	34	Jack	Bacon		4th	1240987						0
DNS	39	Andrew	Braithwaite	West Suffolk Wheelers	4th	1459095						0
DNS	42	William	Clough	Loughborough Students CC	4th	1399095						0
DNS	49	David	Fieldhouse		4th	1479454						0
DNS	50	Jamie	French	Flatlandria.cc	3rd	955748						0
DNS	54	Christian	Hare	West Suffolk Wheelers	4th	1446479						0

Women

1	80	Nicola	Lynch	Newmarket Cycling & Triathlon Club	4thW	1445413	05:05.4	1	00:07:46	14 Laps	05:05.4	1
2	82	Kerry	Tate	Newmarket Cycling & Triathlon Club	4thW	1078687			00:02:54			0