

## 20190611 Lotus league 5 - Seniors.xlsx

Pos	Name	Club	Last Tm	Laps	Total Tm	Diff	License No.	License Cat.	Best Tm	Best Speed	In Lap	Hometown
<b>E123 Men</b>												
1	Harley Matthews	DAP CC	04:45.4	12	1:05:42		897409	1	04:41.9	28.099	1	12/06/1994
2	Morris Bacon	DAP CC	04:46.0	12	1:05:42	0.348	1049443	E	04:36.2	28.68	4	23/01/1992
3	Zac Herrod	University of Derby CC	04:45.9	12	1:05:42	0.385	1022872	3	04:42.6	28.025	8	21/01/1998
4	Andrew Taylor	DAP	04:49.8	12	1:05:46	3.872	1358733	1	04:40.1	28.275	7	10/10/1983
5	Ben Beynon	Strada Sport	05:06.3	12	1:07:01	01:19.3	949147	2	04:43.5	27.935	4	18/02/1994
6	Dale Johnston	Velo Schills	05:08.0	12	1:07:01	01:19.8	839904	2	04:43.2	27.966	4	21/06/1983
7	Mark Richards	DAP CC	05:07.5	12	1:07:02	01:20.4	1183676	1	04:37.3	28.565	4	15/06/1985
8	Kieran Jarvis	cycle team on form	05:08.6	12	1:07:02	01:20.6	962275	2	04:42.6	28.025	1	17/03/1999
9	Tiago Fougo	Strada Sport	05:04.4	12	1:08:07	02:25.3			04:36.6	28.636	4	
10	chris parker	Ipswich BC	05:05.1	12	1:08:08	02:26.1	841853	3	04:46.6	27.636	1	29/11/1972
11	Liam Gentry	DAP CC	05:04.6	12	1:08:08	02:26.2	713720	3	04:46.0	27.688	1	24/07/1979
12	James Millson	Iceni Velo	05:04.9	12	1:08:08	02:26.2	1466525	3	04:44.7	27.817	1	11/03/1982
13	Samuel Davey	VC Norwich	05:06.4	12	1:08:08	02:26.5	1238028	4	04:48.0	27.503	4	24/04/1993
14	Adam Hole	VC Norwich	05:06.3	12	1:08:09	02:27.0	962796	3	04:49.3	27.375	1	26/02/1982
15	Phil Marler	Godric CC	05:07.0	12	1:08:09	02:27.3	1562765	3	04:44.8	27.809	1	03/04/1971
16	Will Hughes	Ipswich BC	05:11.7	12	1:08:14	02:32.3	872019	3	04:45.4	27.747	1	27/11/1997
17	Adam Colbert	Ipswich BC	05:23.1	12	1:08:26	02:44.3	955862	3	04:45.1	27.785	1	12/03/1999
18	Josh Sykes	Strada Sport	05:19.5	11	1:08:16	1 Lap	1354977	3	05:13.2	25.289	9	18/06/2002
19	Paul Wright	VC Baracchi	05:20.2	11	1:08:16	1 Lap	1150100	3	04:48.0	27.496	1	09/10/1972
20	Wayne Harrod	Flatlandria CC	05:26.2	11	1:08:22	1 Lap	1314428	3	05:13.2	25.287	9	28/09/1969
21	Kevin Curtis	Stowmarket & District CC	05:26.0	11	1:08:22	1 Lap	410881	3	05:12.7	25.328	9	27/02/1971
22	Matthew Drown	Orwell Velo	06:07.7	6	0:40:27	6 Laps	1573585	3	04:45.4	27.748	1	16/12/1983
23	Charles Jones	DAP	05:00.9	5	0:32:43	7 Laps	1044719	2	04:46.1	27.687	1	25/09/1990
24	Matthew Webster	TAAP Cervelo	04:50.8	4	0:27:43	8 Laps	1008945	E	04:42.0	28.088	1	12/10/1993
25	Bradley Nelson	DAP CC	05:30.8	3	0:23:33	9 Laps	1044473	3	04:46.7	27.628	1	
26	Jack Ibbotson	VC Norwich	05:01.9	2	0:18:02	10 Laps	429119	3	04:41.6	28.121	1	20/02/1985
27	Oliver Wood	Strada Sport			0:08:15	12 Laps	972184	2		-	0	18/05/2000
<b>3rds 50+ &amp; 4th cats</b>												
1	Lee Frappell	Iceni velo	05:06.1	9	0:57:12		1466428	4	05:06.1	25.876	9	30/05/1983
2	Gavin Bones	Orwell Velo	05:05.5	9	0:57:12	0.286	1556701	4	05:05.5	25.925	9	27/11/1981
3	Tom Webster	Videre Race Team	05:07.2	9	0:57:13	0.991	1348947	4	05:07.2	25.784	9	24/04/1987
4	Ivan Carr	The pedal revolution	05:07.0	9	0:57:13	1.211	1107850	3	05:07.0	25.795	9	18/10/1967
5	Steve Ogley	Velo Schills Interbike	05:07.1	9	0:57:13	1.264	1244234	3	05:07.1	25.794	9	18/07/1962
6	Lee Hammond	Rusty Chain CC	05:06.8	9	0:57:13	1.343	1580791	4	05:06.8	25.813	9	09/11/1982
7	Craig Smith	Cake Gang	05:07.5	9	0:57:14	1.587	1445608	4	05:07.5	25.755	9	13/07/1985

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8	Joe Berritt	Artel CC	05:06.8	9	0:57:14	1.674	413032	4	05:06.8	25.813	9	22/12/1978
9	Steve Sach	southend wheelers	05:06.7	9	0:57:14	1.728	401953	3	05:06.7	25.825	9	06/05/1966
10	David Husband	Godric CC	05:08.0	9	0:57:14	1.736	1211268	4	05:08.0	25.712	9	11/09/1974
11	Kevin Hickman	API Metrow	05:07.5	9	0:57:14	1.759	403961	3	05:07.5	25.759	9	10/05/1956
12	Thomas Girling	Rock estate	05:07.3	9	0:57:14	1.806	1565506	4	05:07.3	25.771	9	16/09/1991
13	David Fieldhouse	Artel CC	05:08.1	9	0:57:14	2.05	1479454	4	05:08.1	25.708	9	09/05/1982
14	Roger Bacon		05:08.6	9	0:57:14	2.315			05:08.6	25.661	9	
15	Stephen Tovell	VC Norwich	05:08.2	9	0:57:14	2.381	1431397	4	05:08.2	25.696	9	28/08/1997
16	Brett Shepperson	VCN	05:07.9	9	0:57:15	2.803	1576289	4	05:07.9	25.722	9	17/03/1973
17	Shane Ison	North Walsham Velo	05:12.4	9	0:57:18	5.874	1563849	4	05:08.9	25.641	2	29/06/1993
18	Simon Smith	Ride Harder	05:10.9	9	0:57:18	6.202	1153321	4	05:10.0	25.55	2	07/02/1974
19	Brian Spooner	VC Norwich	05:12.0	9	0:57:19	6.782	1561877	4	05:10.7	25.493	1	27/09/1956
20	Simon Crook	Yorkies	05:23.8	7	0:46:39	2 Laps	1582157	4	05:08.7	25.657	2	17/08/1987
21	George Head	Cycle Team On Form	05:44.3	6	0:46:45	3 Laps	1380664	4	05:44.3	23.006	6	03/09/2002
22	Andy Bartelsmeier	Iceni Velo	05:26.6	5	0:35:52	4 Laps	1542051	4	05:08.9	25.643	1	02/11/1983
23	Luke Manning	Stowmarket & District CC	06:00.6	2	0:20:37	7 Laps	1380472	4	05:11.4	25.432	1	10/08/1994
24	James Ablitt	Cycle Club Sudbury	06:39.3	2	0:22:47	7 Laps	1598454	4	06:39.3	19.837	2	06/08/1988
25	Malcolm Borg	West Suffolk wheelers	05:11.1	1	0:14:36	8 Laps			05:11.1	25.456	1	
26	Stephen King	SDCC	05:17.9	1	0:14:47	8 Laps	1100122	4	05:17.9	24.916	1	29/08/1974
27	Chris Hare	West Suffolk wheelers	05:40.2	1	0:15:08	8 Laps	1446479	4	05:40.2	23.282	1	10/02/1976
<b>E1234 Women</b>												
1	Sophie Holmes	Datalynx Parenesis Race Team	05:07.3	9	0:57:14		712607	2	05:07.3	25.771	9	06/08/2000
2	Kimberlee Charlton	Dap	05:11.5	1	0:14:36	8 Laps	412347	3	05:11.5	25.422	1	24/09/1986